

TRIP TIP #4



HAPPY HOLIDAYS

Examinations right after Christmas break?! Really, who came up with that idea?

Sorry, can't help you out with that one but we'll be your buddy to maximize the holiday-feeling without putting your exam preparations at risk. Or was it the other way around?

This week we give you some very easy tips for study breaks that will allow you to have a cosy end of year period as well.



SOCIAL CONTACTS

How will Christmas and New Year's Eve look like?

The [restrictions concerning social contacts](#) have not changed since the start of the lockdown.

Only for Christmas there is one small difference: on 24th or 25th of December single people can invite their close contact at home with 1 additional person at the same time.

The measurements remain in place until at least 15th of January 2021.



TIP FROM OUR STUDY COUNSELLORS

How to combine studying and holidays?

As the exams are coming closer, your main focus is now on studying and exam preparation.

But still it's important to **go outside and relax at least once every day.**

Count in your planning 24/25

December together as one day of study, the same for 31 December/January 1st.

CHRISTMAS RECIPE



Seasonal traditions help us to mark time and cooking and baking is a perfect way to celebrate the passage of seasons and holidays.

This recipe for Speculoos will please everyone!

Traditional Speculoos Cookies from Bloch are crunchy, lightly-spiced biscuit and a Belgian specialty.

Recipe from Bakery Bloch Ghent:

Ingredients:

Butter 330 gr

Brown sugar (dark) 730 gr

Water 200 gr

Flour 1000 gr

Sodium bicarbonate 13 gr

Cinnamon 11gr

Speculoos spices 3 gr

Preparation:

- mix butter and sugar well with a food processor
- add water and mix sieve flour with sodium bicarbonate + add spices
- knead into a crumbly dough
- make 2 flat packets and wrap them in foil and leave to rest for 24 hours
- roll it out to a thickness of 4 mm and cut it
- baking 175° Celsius, 8 to 12 minutes

And there you have them.... the delicious fresh speculoos from Bloch. Enjoy!!!

Tip: You can store the cookies for weeks in airtight containers. This also means they're perfect for gift-giving as they store and ship well!

WHAT'S ON THE MENU?



Restaurants are closed, no family around to serve you a festive meal and your Ottolenghi-skills are out of control...

Why not order a **festive take-away menu** for Christmas or New Year? In Ghent all restaurants are closed but most of them are available for take-away and have a special offer for the holidays.

This is a small selection of our personal favourites, away from the tourist area's:

- Castor and Pollux
- Bassin
- Aywa Beirut Streetfood
- Blomme

Tip: [Gentelicious](#) is an overview of almost all restaurants in Ghent. In the list you can check if they offer take-away.

THERE IS ALWAYS TIME TO PARTY!!!



Yes, even in lockdown and exam preparation! You only need a solid internet connection... (and kind neighbours).

Charlotte de Witte (Ghentian!) was recently awarded the [#1 spot in world's most prestigious DJ list: Alternative top 100 DJs](#)

Check out her [Lockdown Sessions](#) and **have an online party! It's an excellent way to have an active indoor study break.**

Inform your housemates in time and don't schedule this in the middle of the night. This is surprisingly fun during the day as well.

Techno beats not your kind of music? No worries, **there are some great Lockdown Sessions available online for all types of music**

Hope you got some inspiration to get your heads out of your study books ;) !

Enjoy!

And as always... respect the safety measurements regarding social contacts, face masks, hygiene... Thank you!

- Elke & Laura —

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